For information about speech and language development, call:

1-888-537-5741

or

Visit your local Ontario Early Years Centre. Call 1-800-484-4454 to find the location nearest you.



superior children's centre centre supérieur d'enfants

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Adapted from the Can We Talk booklet designed by Sandy White, Early Literacy Consultant, Niagara Region.

# Let's Talk



Parents as Partners in Early Learning

#### Did you know??

Your baby's brain develops more from birth to six years than in any other time in his life.





Your child needs to hear lots of words to develop listening and speaking skills.

You are your child's first and most important teacher.



Provide all kinds of experiences and talk about what is happening.





Sing songs and rhymes. Use movements too. *Twinkle, twinkle little star, How I wonder what you are* 

Read stories together in a cozy place. Let your baby play with board books. Name things and ask her to point to them.





Provide toys of different colours, shapes and sizes: ones that he can put into containers and take out again. Name the toys, colours and shapes.

## From 10 to 12 months, your baby:

- says first word
- responds to familiar words
- jabbers with expression
- uses gestures or sounds to indicate wants and needs
- responds to yes and no questions
- consistently uses three words

#### You can . . .

Model language. *I see that you are tired. Let's go and have a nap.* 



Listen to your baby and try to understand what she's saying.

Don't correct your baby's attempts to speak. If he says "goggie", you say "Yes that is a **doggie**. A big **doggie**."

#### Parents as Partners

In infancy, your baby's cry lets you know that she wants something.

Watch and listen so that you can get an idea about what your baby is trying to say. Wait to answer. Your baby needs time to get his message across.

Share your baby's interests. If she knows that you are interested in her, she'll want to communicate with you.

Help him to learn and use language. It is one of the greatest gifts that you can give!



### From birth to 3 months,

#### your baby:

- recognizes voices
- responds with body movements
- makes brief eye contact
- smiles
- coos, chuckles, gurgles
- turns towards and reacts to sounds
- cries differently for different needs

#### You can . . .

Talk about what is going on.

Hold your baby so she can see your face and eyes. Have fun together.



Copy baby's sounds. He says *Ooo*, you say *Ooo* 

Use your face and body with your words. Big smile—arms outstretched. *Oh, you're such a big girl!*  Copy her sounds. She says *ma ma*, you say *ma ma*. Make new sounds for her to copy. Take turns as you "talk" together.



Read picture books over and over. Name things in the pictures. Help your baby turn the pages. Let him play with books. He might even chew on them!



Sing songs with noises like "Old MacDonald". Use plastic animals to act out the song.

Play games like Peek-a-Boo. Use different covers to pull off her head. Make it fun.



#### From 7 to 9 months,

#### your baby:

- recognizes own name
- babbles a series of sounds—mamama, dadada
- makes 4 or more different sounds
- recognizes family member names and names of common objects
- responds with gestures to your gestures and words

#### You can. . .

Be at your baby's eye level, so that he can see you. Get down on the rug and play face to face.



Use body movements to give messages. Point up if you are looking at a plane. *That plane is way, way up in the sky.*  Understand baby's feelings. If she laughs, you laugh. *Oh, what a happy baby!* 





Sing songs while you gently rock him.

Soothe your baby. If he is crying, there is a reason. Try to find out what's wrong.





Share short, simple, picture books with your baby. Hold your baby close.

#### From 4 to 6 months, your baby:

- coos and makes random sounds
- begins to babble—playing with own voice and trying out sounds
- begins to imitate some simple sounds that another person makes
- smiles and laughs out loud
- makes noises to get attention
- expresses pleasure and displeasure

#### You can . . .

Take turns speaking. Talk to your baby and wait for her to coo or babble back.



Take time to play and talk throughout the day—while dressing, feeding and at bath time.

Talk to your baby about things happening around him.

Help her to use all of her senses: sight, hearing, touch, taste and smell.



Snuggle baby while you read stories. Point to pictures and name them. *Here is a cow. The cow says "Mooo"* 

Repeat rhymes and songs over and over again. Use rhymes that include body parts. *This little piggy went to market.* 

Share lots of hugs and cuddles. Babies need to feel loved.





Play different kinds of music. Listening to sounds helps your baby to learn. Rock, sway, sing and laugh to the rhythm.